

# What if? Scenarios

**Instructions:** Go through each 'What would you do?' with your child to gain insight on what they would do in each scenario.

What would you do if:

Your best friend suddenly seems to be leaving you out. You see they have new friends online?



What would you do if:

You hear about a cruel rumour that's been going around about you and think you know who started it?



What would you do if:

You realise you have hurt a friend's feelings by sharing their private secrets with others online?



What would you do if:

You began to have panic attacks or felt depressed because of something going on online?



## What would you do if:

You were asked to buy something in a game?



## What would you do if:

Someone you chat to online pressures you to get very thin?



## What would you do if:

You were upset by something you saw. It could have just popped up or been sent to you?



## What would you do if:

A friend you chat to online begins asking you where you are and who you are with all the time?



## What would you do if:

You got a scary message threatening you and asking you to do something you don't want to 'or else'?



## What would you do if:

A friend keeps making cruel remarks and online 'jokes' but still wants to hang out with you?



## What would you do if:

Someone you chat to only online asked if you could meet up with them after school?



## What would you do if:

Someone sent you a rude photo and asked you to send one too?

