

# Facebook safety and privacy settings

## Controls & Settings guide

Facebook features a number of functions to help your teen manage who can see their content and how they interact with others. They can also use the reporting function to flag content that breaks community guidelines and upsets them.



## What do I need?

A Facebook account (username and password)

### Restrictions you can apply



Chatting



In App purchasing



Inappropriate content



Location sharing



Parental control



Privacy



Privacy and identity theft



Social networking

## Step by Step instructions

These steps were recreated on the Facebook app:

[Privacy check up](#)

[Manage screen time](#)

[Block someone](#)

1

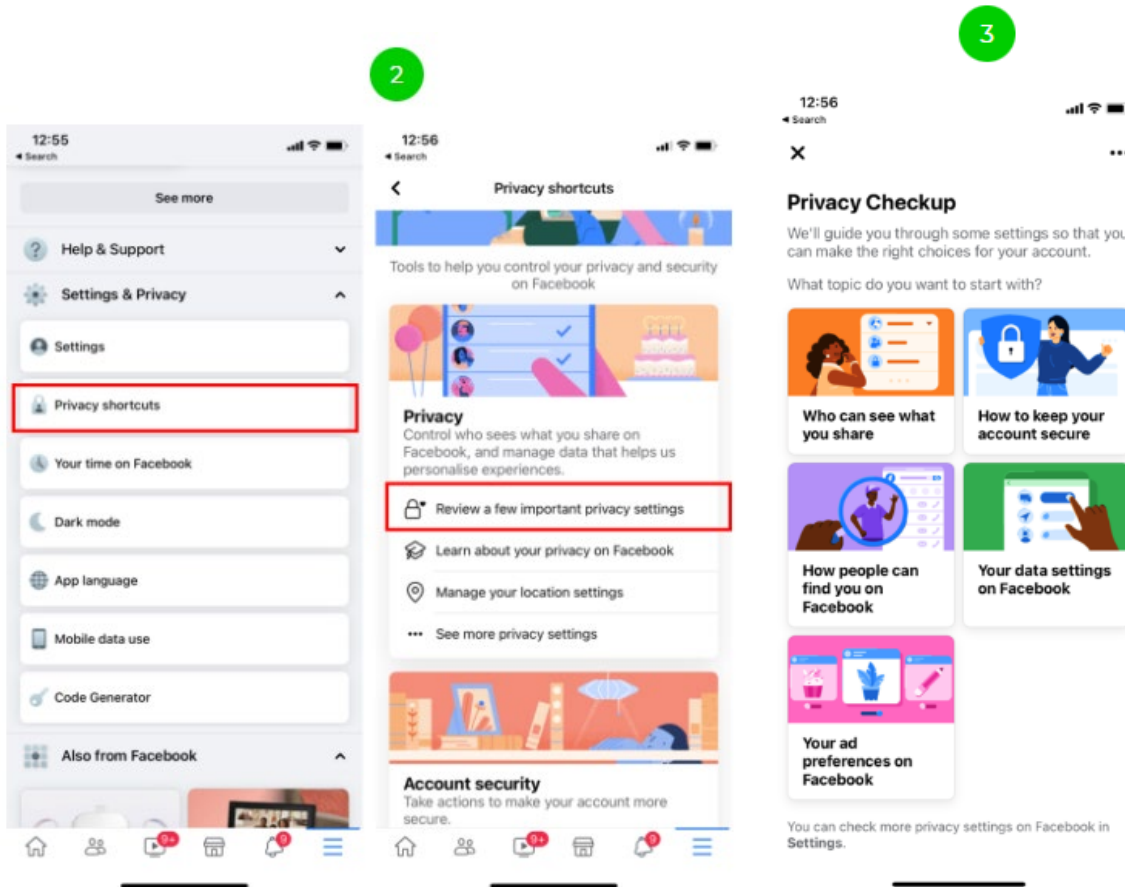
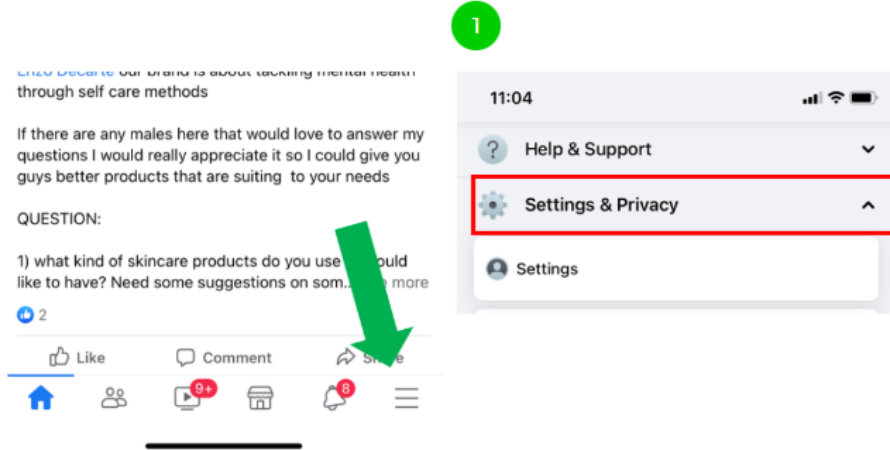
Privacy Checkup is a great tool to use as you can manage your and your family's privacy and security settings.

To go to Privacy Checkup:

Step 1 – From the home feed, click the three horizontal lines in the bottom right corner, scroll down and tap Settings & Privacy.

Step 2 – Tap Privacy shortcuts, then Review a few important privacy settings.

Step 3 – Here you can choose to control who can see your posts, how to keep your account, data settings, and much more.



## 2

### Manage screen time

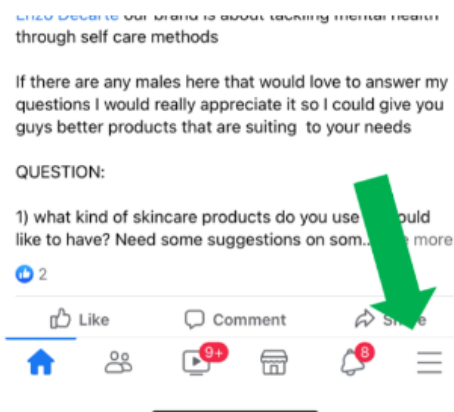
You can see how your child is spending their time on Facebook.

If you want to manage your time on Facebook:

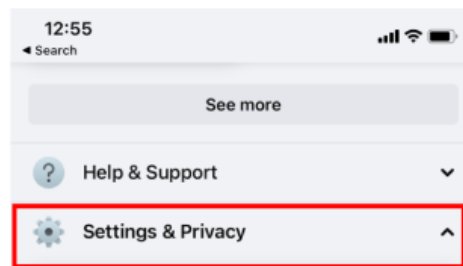
Step 1 – From the home feed, click the three horizontal lines in the bottom right corner, scroll down and tap Settings & Privacy.

Step 2 – Tap Your time on Facebook, under Manage your time, tap See Tools.

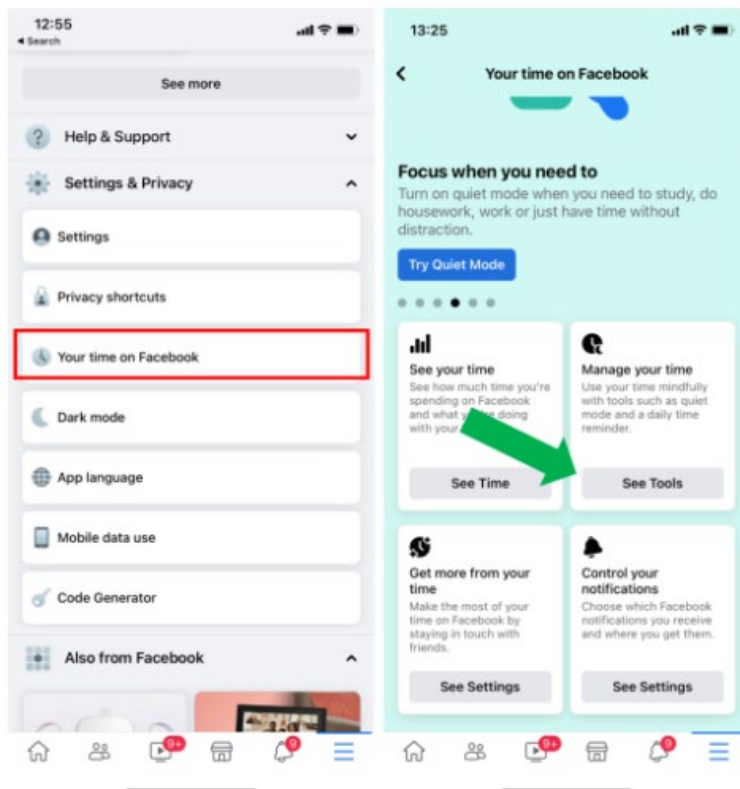
Step 3 – Here you can enable quiet mode, schedule quiet mode, or set a daily reminder.



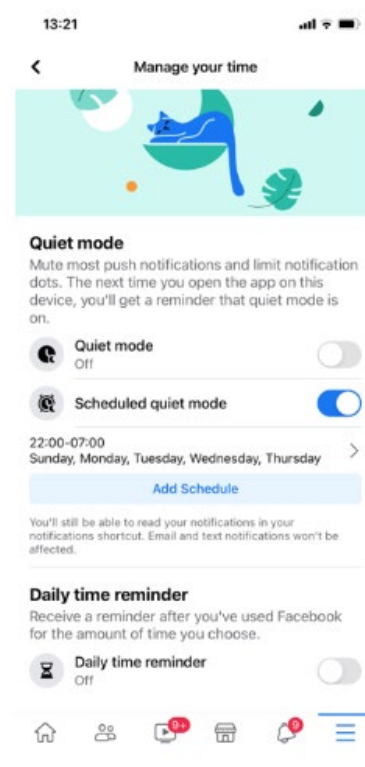
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3

### Block someone

There is more than one way to block someone.

To block someone from their page:

Step 1 – From your home feed, either search or click on their name, then tap the three dots next to the Message button.

Step 2 – Tap Block, then Block again

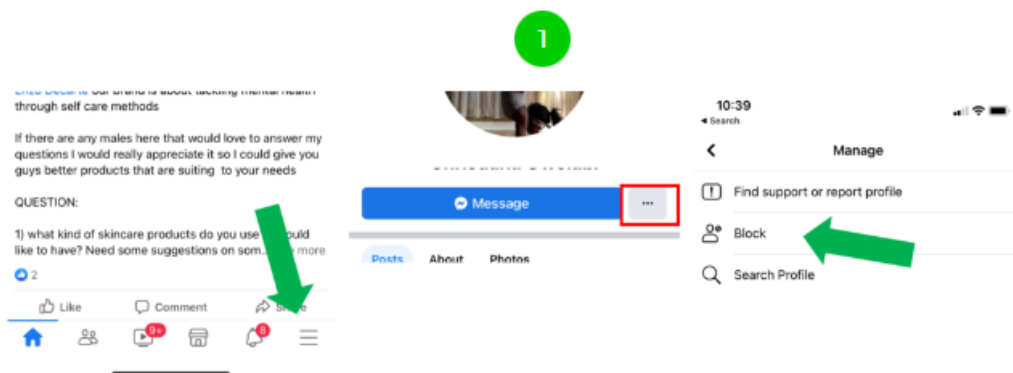
To block someone from your privacy settings:

Step 1 – From your home feed, tap the three horizontal bars in the bottom left-hand corner.

Step 2 – Scroll down and tap Settings & Privacy, then tap Settings.

Step 3 – Scroll down and tap Blocking, then Add to blocked list.

Step 4 – Then search for the name or email and tap block.



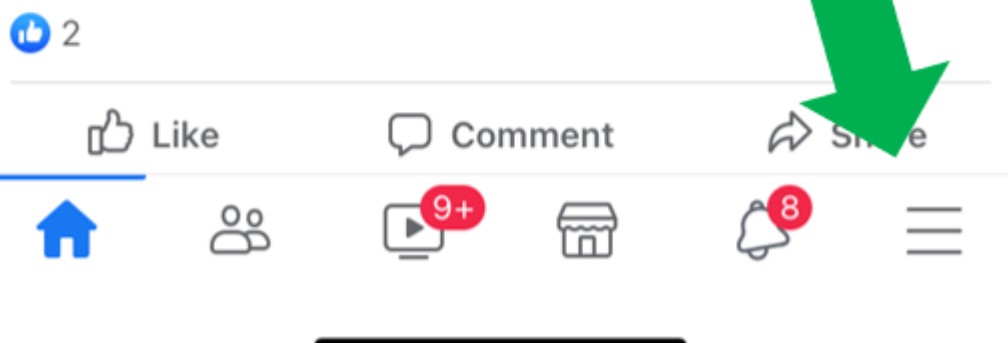
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LITZO Decarte our brand is about tackling mental health through self care methods

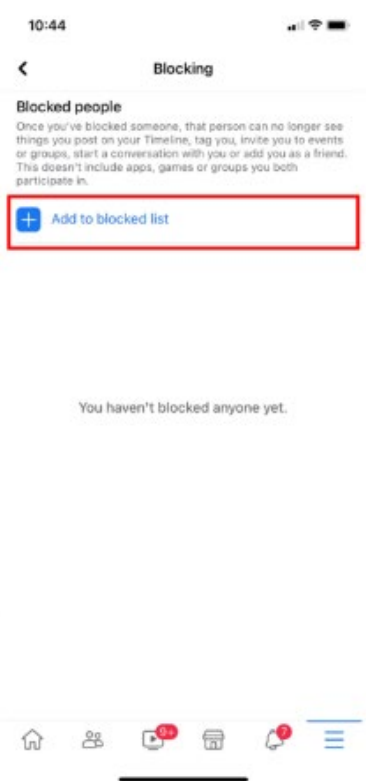
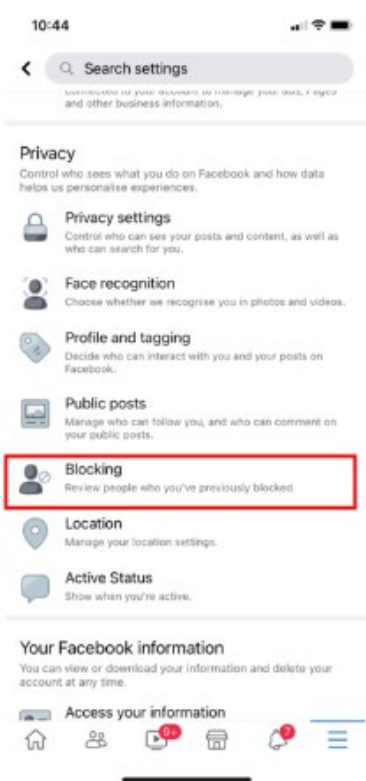
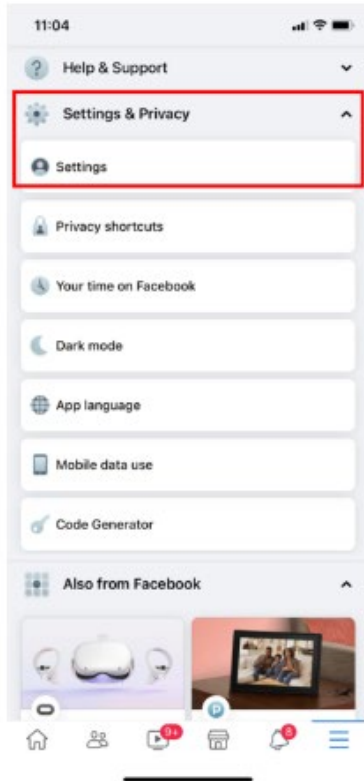
If there are any males here that would love to answer my questions I would really appreciate it so I could give you guys better products that are suiting to your needs

QUESTION:

1) what kind of skincare products do you use... could like to have? Need some suggestions on som... e more



3



4

